School Health Team Waltham Forest

Thgpcg.wf0-19SPA1@nhs.net

0300 033 6200

Drop-in sessions:

**Our Community Nursery Nurses are providing monthly drop-in sessions in Waltham Forest Primary schools,**

**offering advice, support and signposting on a range of topics including:**

Healthy eating, height- weight management

sleep routine, hygiene, toileting

hearing and vision, child development

**Available to all parents and pupils every month**

**Please ask at reception for more information, upcoming dates and appointments**

